

Omar Youssif (BPT, CMT, CDNP, KCMT)

Physiotherapist at PHYSIO ON GROUP

About Omar

Omar Youssif is a highly skilled physiotherapist dedicated to enhancing patient mobility and quality of life at PHYSIO ON GROUP. With over seven years of clinical and academic experience, he is well-versed in both private practice and sports club environments, as well as rehabilitation centres. Omar specializes in complex spinal conditions, chronic pain management, headache treatment, tendon rehabilitation, and sports injury care, developing individualized plans that combine manual therapy, dry needling, clinical Pilates, and strength-based rehabilitation. His expertise in clinical radiology interpretation also strengthens his diagnostic and treatment strategies.

Why Choose Omar at PHYSIO ON GROUP?

- **Expert in Spinal and Musculoskeletal Rehabilitation:** Omar has an in-depth understanding of spinal and musculoskeletal health, focusing on pain management, recovery, and functional movement.
- **Certified Manual Therapist:** Known for his precision in manual therapy, Omar provides targeted treatments that facilitate optimal recovery and relief.
- **Specialist in Neurological Rehabilitation:** As an experienced NDIS provider, Omar customizes rehabilitation plans to meet the unique needs of neurological patients.
- **Pre-Season and Employment Fitness Specialist:** Omar's pre-season assessments and fitness testing help individuals prepare for physical demands while preventing injuries.

Specialized Services at PHYSIO ON GROUP

- Sports physiotherapy and injury prevention
- Chronic pain and headache management
- Dry needling and movement therapy
- Clinical Pilates and strength-based rehabilitation
- Pre-season assessments and fitness testing

Professional Credentials

- Bachelor of Physiotherapy (BPT)
- Certified Manual Therapist (CMT)
- Certified Dry Needling Practitioner (CDNP)
- Kinetic Control Movement Therapist (KCMT)
- Active member of the Australian Physiotherapy Association (APA)